Establishing District-Wide Systems to Support the Mental Health Needs of Students and Educators during COVID-19
(4-17-20 and 4-24-20 Webinars)
Resource Inventory

Massachusetts-Specific Resources

- **Mental Health and Wellbeing**: Resources from School Districts across the Commonwealth
- **Network of Care Massachusetts**: Finding Behavioral Health Services
- **Behavioral Health Network**: Includes [COVID-19-specific support services](https://www.nasponline.org/) and upcoming webinar on building resiliency

National Resources

- **Tips to keep children healthy while school is out**: Centers for Disease Control and Prevention (CDC)
- **Information and Resources for Schools and School Personnel**: US Department of Education: COVID-19 (“Coronavirus”)
- **Health Crisis Resources**: National Association of School Psychologists (NASP)
- **COVID-19 Resources**: National Center for School Mental Health (NCSMH)
- **Talking to kids about Coronavirus**: Child Mind Institute
- **Mindfulness Classes for Kids**: Mindful Schools (Tuesdays, Wednesdays, and Thursdays)
- **Creating a PBIS Behavior Teaching Matrix for Remote Instruction**: Center on Positive Behavioral Interventions (PBIS)
- **Behavioral Health Care Resources COVID-19**: Resources from behavioral health care practitioners across the country
- **The Training and Access Project (TAP)** is an initiative within Boston Children’s Hospital Neighborhood Partnerships (BCHNP) that offers free online training modules related to addressing students’ social, emotional, behavioral, and mental health needs.

Crisis Support Resources

- Samaritans: 1-877-870-4673 [https://samaritanshope.org/](https://samaritanshope.org/)
- Crisis Text Line: Text “HOME” to 741741
● National Suicide Prevention Lifeline: 1-800-273-8255
  https://suicidepreventionlifeline.org/
● National Sexual Assault Hotline: 1-800-656-4673 https://www.rainn.org/
● National Domestic Violence Hotline: 1-800-799-7233
  https://www.thehotline.org/
● The Trevor Project – 1-866-488-7386: https://www.thetrevorproject.org/

Telehealth Resources

● OCR Issues Bulletin on Civil Rights Laws and HIPAA Flexibilities That Apply During the COVID-19 Emergency
● FERPA and the Coronavirus Disease 2019 (COVID-19)
● HIPAA, Civil Rights, and COVID-19
● Questions and Answers on Providing Services to Children with Disabilities During the Coronavirus Disease 2019 Outbreak (March 2020)

Partner Organizations:

● Education Development Center
● Transforming Education
● Walker